

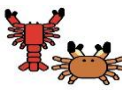









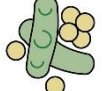



# Dishes and their allergen content – James Calvert Spence College 2026

Dishes														
SUMMER Mains WK3	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
PORK SAUSAGE		Contains											contains	contains
VEGGIE SAUSAGE		Contains												
OVEN BAKED WEDGES														May contain
BAKED BEANS														May contain
CHICKEN TIKKA CURRY							Contains							
NANN BREAD		Contains												
WHOLEMEAL RICE														
QUORN SWEET & SOUR									May contain				May contain	
YORKSHIRE PUDDINGS		Contains		Contains			Contains							
TURKEY & STUFFING		Contains												
ROAST/MASH POTATOES														
QUORN ROAST				Contains			Contains							
CHICKEN FAJITAS		Contains							Contains					
PARMA CHICKEN(V)				Contains			Contains							
BEEFBURGER														
CHEESE/TOMATO PIZZA		Contains					Contains							
CRUMBED CHICKEN BREAST		Contains												
CURRY SAUCE	contains	Contains		May contain			May contain		May contain				May contain	
FISHCAKES		Contains			Contains				Contains					

Review Date: 12-03-26

Reviewed by: D Embleton-Catering Manager