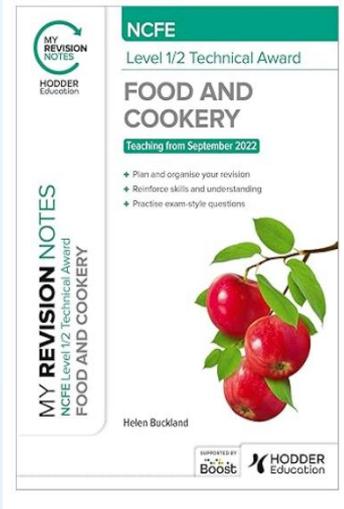


Food



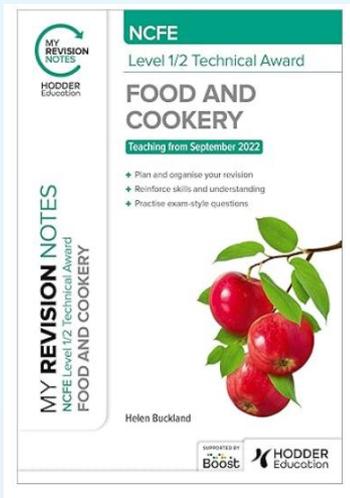


Revision material for KS4 NCFE Food and Cookery course:

Topics covered:

- **Health and Safety relating to food, nutrition and the cooking environment.**
<https://www.bbc.co.uk/bitesize/guides/zndnsrd/revision/3>
- **Food legislation and food provenance.**
<https://www.food.gov.uk/business-guidance/packaging-and-labelling#:~:text=In%20accordance%20with%20the%20FIC,of%20provenance%20of%20the%20food.>
- <https://media.hachettelearning.com/medialibraries/hodder/samples/food-preparation-and-nutrition/14-16/nfce-level-1-2-technical-award-in-food-and-cookery/mrn-food-and-cookery-sample-pages-9781398378957.pdf>
- <https://www.bbc.co.uk/bitesize/guides/zks8jty/revision/3>
- <https://www.bbc.co.uk/bitesize/guides/ztwvk2p/revision/3>

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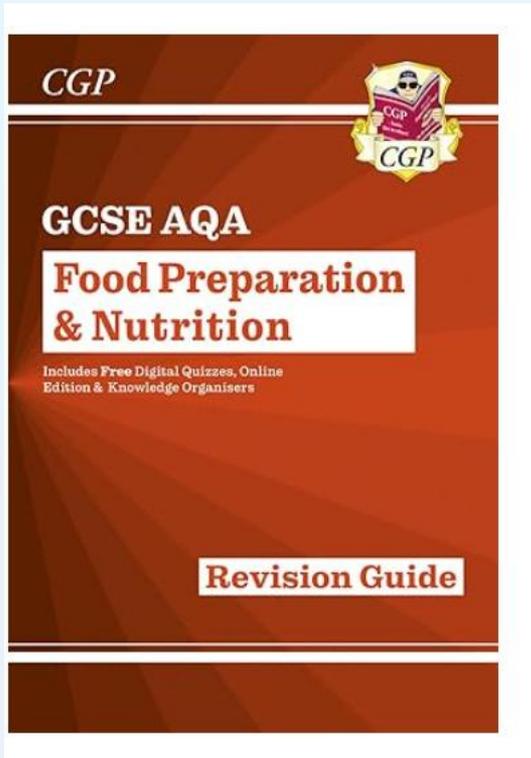


Revision material for KS4 NCFE Food and Cookery course:

Topics etc.

- **Food groups, key nutrients and a balanced diet.**
<https://www.bbc.co.uk/bitesize/guides/z8rqw6f/revision/1>
- **Factors affecting food choice.**
<https://www.bbc.co.uk/bitesize/guides/z7fw7p3/revision/1>
- **Food preparation, cooking skills and techniques.**
<https://www.bbc.co.uk/bitesize/subjects/zdn9jhw>
<https://www.bbc.co.uk/bitesize/guides/zdr8y9q/revision/1>
- **Recipe amendment, development and evaluation. (Written paper).**
- **Menu and action planning for completed dishes.**

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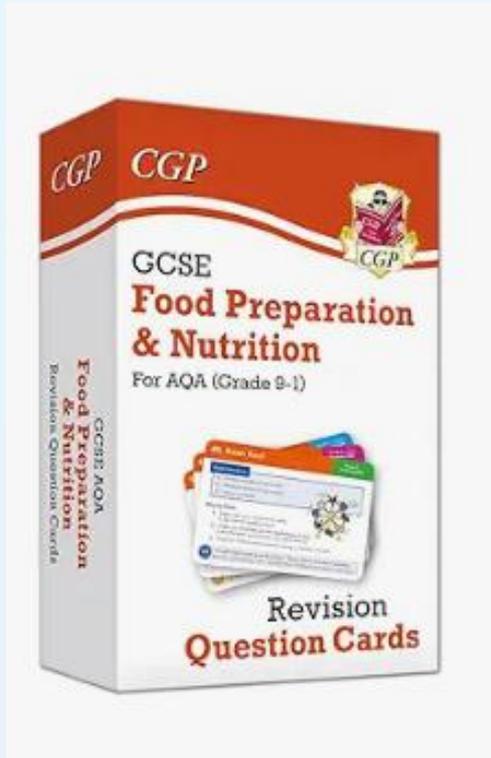


- **Topics covered: KS4 AQA GCSE Food Preparation and Nutrition course.**

- Food, Nutrition and Health.
- Food Science.
- Food Safety.
- Food Choice.
- Food Provenance.
- Food Preparation Skills.

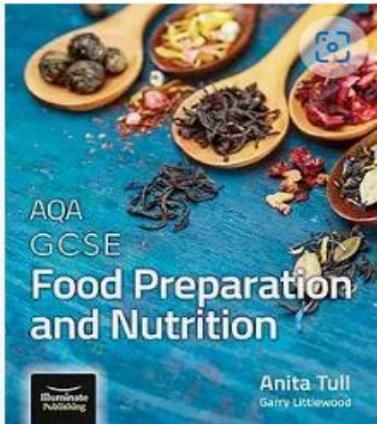
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- **Topics covered: KS4 AQA GCSE Food Preparation and Nutrition course.**
- Food, Nutrition and Health.
- Food Science.
- Food Safety.
- Food Choice.
- Food Provenance.
- Food Preparation Skills.



B B C

Sign in

BITESIZE

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Topics covered: KS4 AQA GCSE Food Preparation and Nutrition course. (Useful revision links).

- Food, Nutrition and Health.
<https://www.bbc.co.uk/bitesize/subjects/zdn9jhv>
- Food Science.
<https://revisionworld.com/gcse-revision/food-preparation-and-nutrition-gcse-revision/food-science/why-we-cook-food>
- Food Safety.
<https://www.bbc.co.uk/bitesize/guides/zndnsrd/revision/3>
- Food Choice.
<https://www.bbc.co.uk/bitesize/guides/z7fw7p3/revision/1>
<https://www.bbc.co.uk/bitesize/articles/zn6j96f>
- Food Provenance.
<https://www.bbc.co.uk/bitesize/guides/zks8jty/revision/2>
<https://www.bbc.co.uk/bitesize/guides/zks8jty/revision/3>

<https://senecalearning.com/en-GB/blog/gcse-food-preparation-nutrition-revision/>



Assignments set via Google Classrooms by the teacher to promote exam practice in readiness for the written paper in June 2025.

Teacher: Mrs. Christodoulidou

