



PE and Sport Premium Statement 2023 - 2024

At James Calvert Spence College, we recognise the contribution of Physical Education and Sport to the health and wellbeing of our students. We believe that a personalised and varied Physical Education curriculum and extra-curricular opportunities have a positive impact on other areas in school such as attitude, concentration, behaviour, attendance and academic achievement.

Our Primary School Sports Funding enables us to continue to extend our provision through employing additional sports professionals (sports coach), as well as providing additional sporting opportunities and training to aid in the delivery of high-quality Physical Education.

What is the Sports Premium?

The Government have provided additional funding for Primary School Sport since September 2013 to improve the provision of physical education and sport in this phase. This funding is jointly provided by the Departments for Education, Health and Culture, Media and Sport, and the money goes directly to primary headteachers to spend on improving the quality of sport and PE for their students.

The Government vision for the Premium is:

A measurable and sustained improvement in school Physical Education and sport, underpinned by high quality teaching that increases participation levels in physical activity, and leads to healthier students who are more engaged across the whole curriculum.

The vision is to be achieved through the completion of the following objectives:

1. To improve the quality of existing PE teaching through continuing professional development in PE for generalists, so that all primary age students improve their health, skills and physical literacy, and have broader exposure to a range of sports.
2. To increase participation levels in competitive sport and healthy activity of students, and maintain these into adolescence
3. To increase the quality of Initial Teacher Training in PE and sport, and to promote PE specialisation in the primary level workforce
4. Schools understand and value the benefits of high-quality PE and sport, including its use as a tool for whole school improvement

What should the money be spent on?

The money is ring fenced and can only be spent on Physical Education and sport provision in school. Schools must spend the funding to improve the quality of the PE and sports activities they offer their students, but they are free to choose the best way of using the money.

Possible uses for the funding include:

- hiring specialist PE teachers
- hire qualified sports coaches to work alongside primary teachers when teaching PE
- provide existing staff with teaching resources to help them teach PE and sport
- support and engage the least active students by running or extending school sports clubs, holiday clubs and Change4Life clubs
- run sports competitions or increase students' participations in the School Games
- run sports activities with other schools.

How will we be spending the PE & Sports Funding in 2023/24?

How will we spend the funding from September 2023 - July 2024

- For 2023/24 our school allocation through the Sports Premium Fund is £17,890
- Year 5 swimming lessons
- A specialist sports coach. All KS2 PE provision is delivered by specialist PE staff employed by the school ensuring high quality delivery for all. The sports coach supports and delivers high quality PE lessons
- Swimming transport to support student access to swimming
- Additional activities are planned during this academic year to promote healthy lifestyles and physical activity.

What has been the impact so far of the Sports Premium?

- Enhancing the high-quality teaching and learning in PE, by allowing students to be taught in smaller and more focused groups.
- Across all subjects, students show high levels of enjoyment and engagement.
- At the end of December 2023 83% of Year 5 students were able to swim 25 metres or more compared to 53% of Year 6 students were able to swim 25 metres or more. This academic year we have specifically targeted those students who required greater intervention and support to build up their swimming technique to be able to swim the 25 metres. In addition to this, those students able to swim the 25 metres were taken out of swimming lessons to focus on sporting activities to enhance their sports skills. This created greater teaching capacity and support for students continuing with their swimming lessons.
- Y6 pupils are given the opportunity to participate in a Post SATs team building and activity residential
- Greater awareness from students about the dangers of obesity, smoking and other activities that undermine students' health through the Personal Development programme and associated activities.
- Opportunity for students to represent JCSC at external competitions
- After school clubs have been offered for a wide variety of activities for students to develop their skills and increase their opportunities. In addition to this, lunch time clubs have been offered to students.
- PE kit was provided for some students who otherwise could not participate in PE lessons.

Where is the importance of Sport and physical activity present in the curriculum aside from PE?

Year 5 (through the PSHE curriculum)

Health and Wellbeing- Emotional and Physical Health covering such topics as;

- What are emotions?
- How are my emotional and physical health linked?
- What is mental health?

- How do I look after my physical and mental health?
- What is FGM?

Health and Wellbeing- Healthy Habits

- What are healthy habits?
- What is sleep hygiene?
- Am I safe in the sun?
- What is first aid?
- How can I take care with medicines and household products?

Year 6 (through the PSHE curriculum)

Health and Wellbeing- Healthy Habits

- What are healthy habits?
- What does a healthy lifestyle look like?
- What is dental hygiene?
- What are germs, bacteria and viruses?

Health and Wellbeing - Mental Health and Hormones

- How do hormones impact your mental health?
- How does puberty impact females?
- How does puberty impact males?
- What are the dangers of alcohol?
- What are the dangers of drugs?

Next steps

We aspire to further increase the opportunities for all our students in sport, regardless of ability, and try to achieve this by creating a unique personalised curriculum for them all. This is even more important to us given the impact that COVID has had for our young people in respect of their physical, social, emotional and mental health and wellbeing.