## Dishes and their allergen content – James Calvert Spence College 2024-2025

| Dishes                  |        |                                  |             |               |      | Jup<br>Flor | Milk     |         | MUSTARD |                   |         | WASAM ON THE PROPERTY OF THE P |          | WNE WNE            |
|-------------------------|--------|----------------------------------|-------------|---------------|------|-------------|----------|---------|---------|-------------------|---------|--|----------|--------------------|
| Snacks/Sweets           | Celery | Cereals<br>containing<br>gluten* | Crustaceans | Eggs          | Fish | Lupin       | Milk     | Mollusc | Mustard | Nuts <sup>†</sup> | Peanuts | Sesame seeds   | Soya     | Sulphur<br>Dioxide |
| Chocolate Brownie       |        | Contains                         |             | Contains      |      |             | Contains |         |         |                   |         |  |          |                    |
| Small Wrapped Brownie   |        |                                  |             | See Packaging |      |             |          |         |         |                   |         |  |          |                    |
| Chocolate Muffins       |        | Contains                         |             | Contains      |      |             | Contains |         |         |                   |         | May Contain  |          |                    |
| Chocolate Cookies       |        | Contains                         |             | Contains      |      |             | Contains |         |         |                   |         |  | Contains |                    |
| Milk Chocolate Cookies  |        | Contains                         |             | Contains      |      |             | Contains |         |         |                   |         |  | Contains |                    |
| White Chocolate Cookies |        | Contains                         |             | Contains      |      |             | Contains |         |         |                   |         |  | Contains |                    |
| Winchester Biscuits     |        | Contains                         |             |               |      |             | Contains |         |         |                   |         |  |          |                    |
| Melting Moments         |        | Contains                         |             |               |      |             | Contains |         |         |                   |         |  |          |                    |
| Caramel Shortbread      |        | Contains                         |             |               |      |             | Contains |         |         |                   |         |  | Contains |                    |
| Shortbread              |        | Contains                         |             |               |      |             | Contains |         |         |                   |         |  |          |                    |
| Iced Donuts             |        | Contains                         |             | May Contain   |      |             | Contains |         |         | May Contain       |         |  | Contains |                    |
| Chocolate Donuts        |        | Contains                         |             | May Contain   |      |             | Contains |         |         | May Contain       |         |  | Contains |                    |
| Chocolate cake          |        | Contains                         |             | Contains      |      |             | Contains |         |         |                   |         |  |          | May Contain        |
| Plain Cake              |        | Contains                         |             | Contains      |      |             | Contains |         |         |                   |         |  | Contains |                    |
| Coffee Cake             |        | Contains                         |             | Contains      |      |             | Contains |         |         |                   |         |  |          |                    |
| Choc/Vanilla Sponge     |        | Contains                         |             | Contains      |      |             | Contains |         |         |                   |         |  |          |                    |
| Yoghurt Flakes          |        |                                  |             | See Packaging |      |             |          |         |         |                   |         |  |          |                    |
| Golden Acre Yoghurts    |        |                                  |             | See Packaging |      |             |          |         |         |                   |         |  |          |                    |

| Rocky Road    | Contains |               |  | Contains |  |  |  |  |
|---------------|----------|---------------|--|----------|--|--|--|--|
| Popchips      |          | See Packaging |  |          |  |  |  |  |
| Popcorn       |          | See Packaging |  |          |  |  |  |  |
| Sauce Sachets |          | See Packaging |  |          |  |  |  |  |
| Quavers       |          | See Packaging |  |          |  |  |  |  |

Review Date: 17-01-24 Reviewed by: D Embleton-Catering Manager



## **Please Note**

Ingredients and allergens are subject to change due to manufacturer and/or supplier change and ingredients availability. Whilst every effort is made to match ingredients and allergens with substitute products, this is not guaranteed.

For more information & specific enquiries, please contact the Catering Manager.