

PA/CF

20 February 2019

Dear parent and/or carer

D of E Gold Practice Expedition

This is due to take place from **Saturday 6 to Tuesday 9 April 2019**. Below is an outline of the 4-day expedition, which is a compulsory part of the training for students to achieve their D of E Gold Award. Students will be required to provide their own food for the expedition and will spend one of the training sessions, closer to the time, planning their group meals. Therefore, they will be able to inform you, closer to the expedition, of what they will need. All other expedition costs are included in your instalments. A full kit list and expedition itinerary is provided overleaf.

May I take this opportunity to remind you that the next instalment (£100) is required by Wednesday 27 March 2019, unless you are receiving funding to cover this cost. If you have not already provided us with your child's £25 cash deposit, please hand this into reception as soon as possible.

Please complete the [electronic form](#) by Wednesday 6 February to confirm your child's attendance.

Yours faithfully

P ANDERSON
DofE Centre Manager

Gold Expedition Itinerary

Saturday 6th April

- 7:30am – Meet at JCSC, Acklington Road car park
- 7:45am – Depart JCSC
- 8:30am – Arrive in The Cheviot Hills, Northumberland
- 9:00am – 5:00pm – Expedition - Walking
- c.5:00pm – Finish walking, camp at Ingram Café, NE66 4LT

Sunday 7th April

- 9:00am – 5:00pm – Day Walk around Ingram, focusing on navigation and compass work
- c. 5:00pm – return to camp at Ingram Café, NE66 4LT

Monday 8th April

- 9:00am – start walking
- c. 5:00pm – finish walking
- c. 6:00pm wild camp at Langleford Valley, near Middleton Hall, Wooler

Tuesday 9th April

- 8:00am – depart wild camp and start walking
- c. 12:00pm – finish walking
- c. 1:00 -2:00pm – return to Amble

Kit List

Kit WE can provide	Kit PARTICIPANTS need to provide
Waterproof Jackets	Walking boots (broken in)
Waterproof Trousers	2 pairs of walking socks
Rucksacks	Base layers
Tents	Gloves
Sleeping Bags	Hat
Sleeping Mats	Base layers
Sleeping Bag Liners	Walking Trousers or tracksuit bottoms (not cotton)
First Aid Kits	2-3 T-shirts (not cotton) or quick-dry tops
Group Shelters	Fleece or Mid-layer
Survival Bags	Underwear
Compasses	Nightwear
Maps	Wash kit
Whistles	2 x 1L Water bottle
Head torches	Sun cream
Dry bags	Expedition Food
Spork and bowl	